



# Pagoda



Service Above Self

One Profits Most Who Serves Best

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Published Weekly

### The success of Rotary Youth Service in Shanghai

Motohiro Yamane  
Youth Service Committee Chair

In 2010 Rotary added Youth Service as the fifth avenue of service to its traditional services (Club Service, Vocational Service, Community Service, International Service). Ever since young people have been enthusiastically involved in Rotarian community projects, international service, and exchange programs that enrich and foster world peace and cultural understanding.

The two main venues for youth activities at Rotary are (1) Rotaract, a club for young adults ages 18-30 and (2) Interact, a club for young people ages 12-18. Both can be either community based or school based.



Rotaract Rotary Club Partner	Members	Established
Rotaract Shanghai	27	Oct, 2006
Rotaract HULT Shanghai	6	Aug, 2014
Rotaract NYU Shanghai	12	Mar, 2015

Interact Rotary Sponsored Club	Members	Established
SAS Pudong	10	Oct, 2009
SCIS Pudong	27	2008
Shanghai Nanyang Model School	(145)	Oct, 2013
Changzhou OIC (2 clubs)	21	Sep, 2014
SCIS Hongqiao	40	Sep, 2014
SHSID	24	Mar, 2015

The Rotary Club of Shanghai currently sponsors 3 Rotaract and 7 Interact Clubs, a world record for a single Rotary club. Does this sponsorship consume resources? There certainly are some start-up cost and minor expenses such as meal fees when Rotaractors and Interactors are invited to RC events. But Rotaract and Interact clubs are independent clubs, so they do their service projects on their own. Youth clubs even co-sponsor service projects with the RCS. A typical example is the recently completed Chetza Water project, co-sponsored with the Rotaract Club of Shanghai and the Rotaract Club of HULT Shanghai. Some Interact clubs also donated money for Nepal disaster relief together with the RCS earlier this year. Moreover, many Rotaractor and Interactor volunteers have supported Rotary projects or events. Actually rather than draining resources, youth has brought vitality and variety to our club's activities! The Rotaract Club of Shanghai for example has organized many fun events in Shanghai such as the food drive, the dragon boat race, the Swimathon, the Run in Blue etc., in which many RCS members joined. In Interact clubs, the majority of the members are Chinese students. Unlike Rotary and Rotaract, school based Interact clubs can admit

Chinese students because they exist in the legally established schools. This gives a great opportunity for us, the expats-only club, to grow deeper roots in the local community.

Cont. on next page

### Take a walk – and support a good cause!

The "Walk for Charity" (Sunday Dec 6<sup>th</sup>, 8am - 9:30 am, 5 km along the Suzhou Creek, 30 RMB/person) is a joint event with Rotaract and interact clubs. A simple breakfast is provided. RSVP: YAMANE MOTOHIRO, wechat ID Motohilaw, e-mail: yamane@tmish.com (Interactors and Rotarians), Hairime Sylvia, Wechat ID celvia3007, email address: celvia3007@yahoo.fr (Rotaractors). This event is open for all. (see p5)

### Learn Qigong with Rotary

Rotarian Filip Garine invites all fellow Rotarians to join a course of Wudang Qigong on December 6<sup>th</sup> (details see next page)

### Leadership workshop for old and new Boardmembers

President Dean and PE Andrew are organizing a leadership workshop on December 12<sup>th</sup>, in order to discuss how to have an even stronger societal impact in the future, how to foster more engagement of our members and how to be attractive to new members? For Details pls. contact Linnet.

Date	Topic/Speaker	Venue/Time
December 1 <sup>st</sup>	General Election	Marriott City Center, 19:00
December 8 <sup>th</sup>	Club Assembly	Marriott City Center, 19:00
December 15 <sup>th</sup>	Wally Yu: Orbis's sight saving missions in China – together let's end avoidable blindness	Marriott City Center, 19:00
December 22 <sup>nd</sup>	Fellowship	Marriott City Center, 19:00

Rotary Youth Service – cont. from p1.

Until recently, there were only two Rotary clubs in China, and thus our club had a heavy burden doing everything which should be done by the District. Now we have 11 Rotary clubs (including provisional ones) in China. Recently, the Rotary Club of Chengdu established the Interact Club of the Chengdu Foreign Languages School. All three new Rotary clubs in Shanghai are also preparing or considering to sponsor Rotaract and Interact clubs.



Food Drive in Carrefour



Run in Blue



Swimathon

The first RYLA (Rotary Youth Leadership Awards) event in China was successfully held on November 12-16, sponsored by multiple Rotary clubs in China as a district project chaired by PP Nikola Urosevic. It was a fun training camp for young adults.

Next major event will be during the International Autism Awareness Day in April. All Rotaractors and Interactors are invited to plan and manage the various activities in the event platform, with the support of organizer and PE Andrew Hill. A great opportunity to spread the Rotary spirit.

We are on the right track for a healthy development of youth service.



Nanmo Interactors visit an Old Aged home



# WUDANG QI GONG 武当气功

Join us for the first qi gong trial class, reserved to 15 Rotary fellows

**Instructor:** Filippo Garini  
**Length of the lesson:** 1,5 hours  
**Day:** December 6 (Sunday)  
**Time:** from 15.30 to 17.00 pm  
**Where:** Radisson Blu Plaza, Xing Guo Hotel  
**Address:** 78 Xing Guo Road, building nr 2  
**Confirm participation by 30/11:** f.garini@libero.it  
**More info:** + 86 183 219 04730  
**Cost of each class:** RMB 50 (all proceeds will be donated for the fundraising of the Rotary Club Shanghai)

- During classes we will practice \*:**
- ❑ How to control the breathing
  - ❑ Forms of qi gong (Taolu)
  - ❑ Relaxation techniques
  - ❑ Stretching of the meridians
  - ❑ Visualizations
  - ❑ Static & dynamic meditation
  - ❑ Self massage techniques
  - ❑ Hints of Traditional Chinese Medicine
  - ❑ Reading of classical Taoists texts

\* For the practice please wear comfortable clothes

A Rotary Wellness initiative promoted by







**RYLA 2016**

Dear fellow Rotarians,

It is my pleasure to report that the first ever Rotary Youth Leadership Awards Program ( RYLA) in PR of China was successfully completed!

Our first RYLA lasted from 25th of October to 12-16th of November 2015 with part of the training in Shanghai and then a four day camp at Moganshan mountain in Zhejiang province. The participants of our first of program were students and young professionals ages 19-26.

We had 35 participants, from 19 different countries, from 6 Universities in Shanghai and Beijing. Among the participants we had 9 members from three Rotaract Clubs, Shanghai, Shanghai West and Beijing. We also had, unfortunately, only one Percy Chu scholar this year.

The concept of this RYLA was a 1+4 days of leadership training with focus on characteristics of good leaders. The theme was based on social enterprises.

What was unique about this RYLA program is that each participant had a personal profile created through a series of surveys and peer reviews and reflections. Participants had the opportunity to recognize their strengths and weaknesses through various activities and reflection sessions, and actively work on improving themselves with help of our coaches and their team members.

How successful this approach was can be best described by the fact that there were even tears during our reflection sessions, we are calling ourselves a family now and we have pledges of lifetime friendship! You should see the moments posted on wechat accounts!

We will have a new Rotaract club formed out of RYLA participants, and lot of them will join the existing clubs. Truly an amazing and unforgettable experience.

I can proudly say that we achieved all the goals we set for ourselves with this program!

It is current, appealing, informative and life changing. And it was FUN!!!!

It is also scalable and we are offering all clubs the opportunity to get involved and help us with future RYLA programs using the existing platform!

We, the RYLA team, including President of Fresh Start RC Angie Eagan, Vice-President of Fresh Start RC Steffen Ummelmann, Sasa Saric and Phillip Baumann from E-Cube, David Turchetti and our Rotary China intern and also a participant Sasha Wang, and Nikola Urosevic, would like to thank you on your support!

We believe that we created a program that will make us all proud to be Rotarians and we hope that you will give us your continuous support in the future!

Yours in Rotary,  
PP Nikola Urosevic  
District Programs Chair, 2013-16, Rotary China

**Rotary**  
China 中国



**rotary youth  
leadership  
awards**








RYLA – a photographic exploration











Life changing experience for the participants  
改变参与者生活的经历





CHALLENGE YOURSELF!  
LEARN FROM THE BEST!  
BE YOUR BEST.

Rotary  RYLA  Rotary 






Organized and sponsored by:

 Rotary Club of Shanghai	 Shanghai Rotary Club Fresh Start	 Rotary Club of Beijing	 Rotary China
 Rotary Club of Chengdu	 Rotary Club of Shanghai - West	 Rotary Club of Suzhou	 Provisional Rotary Club of Tianjin

Our partners:

DAVID TURCHETTI VINYASA YOGA		EXECUTIVE EDUCATION EXCELLENCE	
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Special thank you to our friends:

				
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# Walk for Community

Date: Sunday, December 6th

Time: 8am-9:30am along the Suzhou Creek

Registration fee: 30 RMB per person included simple breakfast & drinks

RSVP: YAMANE MOTOHIRO

Wechat ID: Motohilaw ( for Rotary & Interact members )

Email: Yamane@tmish.com

HARIME SYLVIA

Wechat ID: celvia3007 ( for Rotaract members & RYLA)

Email: celvia3007@yahoo.fr

Start point: Xi Suzhou Rd crossing with Haifang Road, 1km from Hanzhong metro station line 1. Jing'An district

Break point: Nearby Xinzha Subway station, on the edge of Suzhou Creek

End point: Wai Bai Du Qiao, the Bund

Distance 4.5 Km

起点：在西苏州路近海防路，汉中地铁站1号线，静安区

休息点：在苏州河边，新闻路地铁附近

终点：在外白渡桥。



“All proceeds go to support local projects service in Shanghai  
& everyone is welcomed to join this walk.”



A Rotary Wellness initiative promoted by:

**Rotary**  
Club of Shanghai



Nov. 24<sup>th</sup> 2015

Visiting Rotarians

John Springford + Fan Min	RC Menorca , Balears	Spain
SHIBATA ISAMU	President, RC Toda Evening	Japan
KIMURA TAKEO	Secretary, RC Toda Evening	Japan
TAKITA OSAMU	International Fellowship Chair, RC Toda Evening	Japan
HAGIWARA TATSUYA	RC Toda Evening	Japan
KOYAMA MASATO	RC Toda Evening	Japan
WATARI KENNICHI	RC Toda Evening	Japan
Brigitte Ott-Goebel	RC Stuttgart Rosenstein	Germany
Alice Chen	RC Shanghai West	China
Tobi Kars	RC Fresh Start	China

Members: 30 Visitors: 11, Guests: 20,

Highlights from the previous meeting – our Thanksgiving meeting

The last meeting was dedicated to fellowship and we met at ‘The Boxing Cat’ – one of a chain of bars/restaurants in Shanghai, with a focus on craft beers.

Despite the cold and miserable weather, turnout was excellent and Rotarians and friends enjoyed themselves greatly. Nikola and Moto sold RYLA sweatshirts with great success – hey, no we all joined the hood. Franz, a musician from Austria, gave renditions of old favourites, with ‘Hotel California’ a special highlight. Though some might dispute the term ‘highlight’ – Andrew, David and Christian certainly still have to take one or the other singing lesson.

People stayed until long after the customary 8:30 pm, a proof of how much the meeting was enjoyed.



Join the RYLA gang



Tiffany, Linnet and Christophe



A well visited venue



Franz, our excellent guitar player

Club Information

Officers & Boardmembers

- Dean Merritt – President
- Andrew Hill – President Elect/Club Admin
- Terri Lau – Vice President
- Linnet Kwok – Hon. Secretary
- Yvon Russon - Treasurer
- Tiffany Storey
- Alejandro Buriel Rocha
- Thilo Koepp
- Marjorie Woo
- Frank Yih (PP)

Basic Info of our Club

- First chartered on 1 October 1919, re-chartered on 8 February 2006
- Number of active members – 72
- Number of honorary members – 6

Contacts

The club meeting is a dinner meeting every Tuesday at Marriott City Center Shanghai

西藏中路555号No. 555 Middle Xizang Rd

( 18:30 cocktails, 19:00-20:30 dinner )

Contact the club administrator Vivian Huang at RSVP@rotaryshanghai.org, +86 13501672753

Committees and Directors

Club Administration Committee

1st Tuesday of each month, 17:30

Chair: Andrew Hill [rotary1617@hotmail.com](mailto:rotary1617@hotmail.com)

Membership Committee / PR Committee

2nd and 4th Tuesday of each month, 17:30, dining room

Chair: Alexandra Taulin [alexandra.aulin@yahoo.fr](mailto:alexandra.aulin@yahoo.fr)

Community and International Service Committee

1st Tuesday of each month, 17:00

Chair: Alejandro Buriel Rocha [alejandro.buriel@smlchinaconsult.com](mailto:alejandro.buriel@smlchinaconsult.com)

Youth service committee

Last Tuesday of each month, 17:00

Chair: Motohiro Yamane [yamane@tmish.com](mailto:yamane@tmish.com)

Rotary Leadership Award

Committee Chair: OPEN

The Rotary Foundation Committee

Chair: David Smith [dave@smithorchards.com](mailto:dave@smithorchards.com)

Percy Chu Awards

Chair: Marjory Woo [marjorie.woo@lmi-china.com](mailto:marjorie.woo@lmi-china.com)

For more information, please visit [www.rotarshanghai.org](http://www.rotarshanghai.org)

Rotary Club of Shanghai West

Wednesday, 18:30-20:30

Location: Shanghai Pullman Hotel

位置: 上海中星铂爾曼酒店

Address: No. 1 Pubei Road, Xuhui District, Shanghai

上海徐汇区浦北路1号

For more information please contact President Richard Zi

Email: [zishanghai@hotmail.com](mailto:zishanghai@hotmail.com)

Rotary Club of Shanghai Pudong Lujiazui

Thursday, 19:00-20:30

Location: Radisson Blu Hotel (Pudong) in Thumb Plaza,

Pudong, Shanghai, 位置: 浦东大拇指广场 证大丽笙酒店

1199 Yingchun Rd. (close to Fangdian Rd.)

地址: 迎春路1199号 (靠近芳甸路)

If you would like to attend Rotary Pudong Meeting

Please contact President Patrick Hopkins

Email: [pjhopki@gmail.com](mailto:pjhopki@gmail.com)

Fresh Start Rotary Club of Shanghai

Friday, 7:45-9:00 am

Location: 2nd floor, Element Fresh, Jing An Kerry Center

位置: 新元素静安嘉里中心店二楼

Address: No.1551 Nan Jing Xi Lu, Shanghai

地址: 南京西路1551号

For more information about Fresh Start and for anyone interested

to attend, please visit <http://freshstartrotaryshanghai.org/>